



NSSport

AFTER SCHOOL CARE PROGRAMME

MENU

WRAPS & SANDWICHES

(SUITABLE FOR MEAT EATERS, HALAL, AND VEGETARIANS)

HAM / CHEESE / YEAST EXTRACT / VEGAN SPREAD / KETCHUP

**WRAPS: WHEAT / CHEESE: MILK / YEAST EXTRACT: YEAST / BREAD: WHEAT / BUTTER:
VEGAN SPREAD / KETCHUP: CELLERY**

SALAD BAR

(INCLUDES A SELECTION OF FRESH VEGETABLES)

CUCUMBER / PEPPERS / CARROTS / SWEETCORN / RAISINS

SNACKS & SIDES

(YOGHURTS, FRUIT, CHEESE, CRACKERS, BISCUITS).

**APPLES / BANANAS / YOGHURTS: MILK / CRACKERS: WHEAT / CHEESE
CRACKERS: MILK & WHEAT / BISCUITS: WHEAT & BARLEY / RITZ CRACKER:
WHEAT & BARLEY**

**DUE TO USING A SHARED SPACE WITHIN OUR
SCHOOLS, WE CANNOT GUARANTEE AN ALLERGEN-
FREE ENVIRONMENT.**

**(IF YOUR CHILD HAS AN ALLERGY OR INTOLERANCE,
PLEASE ENSURE YOU HAVE INCLUDED THIS ON YOUR
ONLINE ACCOUNT.**

