



AFTER SCHOOL CARE PROGRAMME

SYTHWOOD MENU

WRAPS

(SUITABLE FOR MEAT EATERS, HALAL, AND VEGETARIANS)

**HAM / CHEESE / YEAST EXTRACT / BUTTER / KETCHUP /
STRAWBERRY JAM**

WRAPS: WHEAT (MAY CONTAIN: BARLEY, OATS, RYE) / CHEESE: MILK / YEAST EXTRACT:
YEAST / BUTTER: MILK.

SALAD BAR

(INCLUDES A SELECTION OF FRESH VEGETABLES)

CUCUMBER / CARROTS / SWEETCORN / RAISINS

SNACKS & SIDES

**YOGHURTS, FRUIT, CHEESE BISCUITS, CRACKERS,
BISCUITS.**

APPLES / BANANAS / YOGHURTS: MILK / cheese biscuits: Wheat, Milk, Barley,
May contain: Rye, Sesame, Oats / CRACKERS: WHEAT, may contain: oats, rye,
barley / BISCUITS: WHEAT & BARLEY, may contain: rye, oats, soya, milk / RITZ
CRACKER: WHEAT & BARLEY

DUE TO USING A SHARED SPACE WITHIN OUR SCHOOLS,
WE CANNOT GUARANTEE AN ALLERGEN-FREE
ENVIRONMENT.

(IF YOUR CHILD HAS AN ALLERGY OR INTOLERANCE,
PLEASE ENSURE YOU HAVE INCLUDED THIS ON YOUR
ONLINE ACCOUNT.)

