

## ACTIVITIES

- ~ PLAYGROUND SPORTS
- ~ ARTS & CRAFTS
- ~ BOARD GAMES
- ~ FITNESS / WELLBEING
- ~ FREE PLAY
- ~ THEMED WEEKS

(SESSIONS MAY VARY DUE TO WEATHER OR OTHER FACTORS)



# AFTER SCHOOL CARE PROGRAMME

## SYTHWOOD PRIMARY SCHOOL



**SITE LEAD:**

**DAISY CHEW**

**WWW.NSSPORT2.CO.UK | ENQUIRIES@NSSPORT.CO.UK | 07542031623**

## TIMINGS

**3:15-3:40PM**  
EARLY & FULL WELCOME & SNACK

**3:40-4:30**  
ACTIVITY / SPORTS PLAY

**4:30**  
EARLY COLLECTIONS &  
LATE SESSION ARRIVALS

**4:45-5:15**  
LITE BITE

**5:15-6:00**  
FREE PLAY / LATE & FULL COLLECTION

## MENU

**WRAPS & SANDWICHES**  
(SUITABLE FOR MEAT EATERS, HALAL, AND  
VEGETARIANS)

**SALAD BAR**  
(INCLUDES A SELECTION OF FRESH  
VEGETABLES)

**SNACKS & SIDES**  
(YOGHURTS, FRUIT, CHEESE, CRACKERS,  
BISCUITS).

(IF YOUR CHILD HAS AN ALLERGY OR INTOLERANCE,  
PLEASE ENSURE YOU HAVE INCLUDED THIS  
ON YOUR ONLINE ACCOUNT.)